**Health & Well Being Placemat until September weekend**

**Try to focus on 2 per week.**

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| --- | --- | --- | --- |
| I can dress myself dressed every morning.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\69E41008.tmp | I can put on my own shoes.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\955AC7C5.tmpBallerina Shoes Png - Action School Shoes For Boys , Transparent ... | I wash my hands with soap after going to the toilet.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\8AD2FDAC.tmp | I can open and close my school bag myself.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\D52084CD.tmp |
| I do something active every day.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\C141FD3.tmp | I drink water every day.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\38718686.tmp | I can tidy away my toys.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\86B35C84.tmp | I help set the table for dinner.  Table Setting Clip Art Images, Stock Photos & Vectors | Shutterstock |
| I can eat with a knife and fork.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F6F4B8CA.tmp | I eat at least 1 piece of fruit every day.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\8C3FFB68.tmp | I can hold a pencil properly.  C:\Users\fieldj60\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\EB6FBDB6.tmp | I can use scissors safely to cut. (thumb up to the sky)  Kids Craft Clipart - Activity Books Preschool Scissor Skills ... |