



St. Vincent's Primary School



Religious Education and Faith Life

At St Vincent's Primary School, faith is at the heart of who we are. As a denominational school, Religious Education is a key part of learning and is woven throughout daily school life, supporting children to grow spiritually, morally, socially, and culturally.

Our teaching of Religious Education follows **This Is Our Faith** and is guided by the **Catholic Charter for Catholic Schools**, ensuring that Gospel values shape our relationships, learning, and care for one another. **Our faith life is lived out through:**

- Daily prayer in classrooms and as a whole school community (prayers shared below for home use).
- Regular celebration of Mass and Holy Days of Obligation (dates shared in August).
- Each class leading and participating in Mass across the school year.
- Close partnership between **home, school, and parish** to support children's spiritual development.
- Opportunities for children to lead prayer, reflection, and liturgical celebrations

In line with Scottish Government guidance and the Education (Scotland) Act 1980, parents have the right to withdraw their child from RO. Parents wishing to discuss this should contact the school to discuss alternative arrangements with a member of the SLT. Through our shared faith journey, we work together to help children grow in the Four Capacities, rooted in Catholic values and supported by the partnership of home, school, and parish.



Morning Prayer

Father in heaven, you love me,
you're with me night and day.

I want to love you always,
in all I do and say.

'll try to please you, Father,
bless me through the day.
Amen.

Grace Before Meals

Bless us, O Lord, as we sit
together,

Bless the food we eat today.
Bless the hands that made the
food,

Bless us, O Lord. Amen.

Grace After Meals

Thank you God for the food we
have eaten,

Thank you God for all our
friends,

Thank you God for everything,
Thank you God, Amen.

Home Time Prayer

God, our Father I come to say,

Thank for your love today,

Thank you for my family and all
the friends you give to me,

Guard me in the dark of night,

And in the morning send your
light, Amen.

Going to Mass



1. Sometimes we go to **Mass** with our school.
2. Mass is a **special and quiet time** where we come together to pray, sing, and listen.
3. We walk to **St Vincent de Paul Church** with our class and our teachers.
4. When we arrive at the church, we **sit with our class**. We **listen** carefully and follow what the priest says.
5. There will be **prayers, readings** from the Bible, and hymns to sing. We join in when we can.
6. Sometimes our class might **help** by reading, bringing up the gifts, or saying prayers.
7. During Mass, we are **silent and show respectful** behaviour.
8. If we are unsure what to do, we can watch the adults and our friends.
9. Mass helps us **think, pray, and feel peaceful**.
10. When Mass is finished, we **walk back** to school with our class.



Faith
Love
Forgiveness
Compassion
Service

