



St. Vincent's Primary School

2026/27 – Term 1

PE Days



Each class will have two PE sessions each week, one indoor slot in the gym hall and one outdoor slot. For indoor PE, children may bring a clean pair of trainers (or wear their plimsolls) to help us look after the hall floor. Outdoor PE can be taken in usual kit, along with a school sweater or lightweight jacket if needed.

On PE days, children are permitted to bring plain black leggings or joggers, or they may wear shorts under their uniform. Upper school classes will be able to use the changing rooms.

For health and safety reasons, children should **not wear earrings on PE days** unless they can remove and replace them independently. Recently pierced ears should be covered with medical tape or plasters provided from home. Please note the school cannot supply these. Children cannot participate in PE while wearing hooped earrings.

	Indoor PE	Outdoor PE
Room 1	Friday	Thursday
Room 2	Thursday	Wednesday
Room 3	Wednesday	Tuesday
Room 4	Friday	Monday
Room 5	Tuesday	Friday
Room 6	Tuesday	Friday
Room 7	Friday	Monday
Room 8	Monday	Tuesday
Room 9	Wednesday	Monday
Room 10	Monday	Thursday
Room 11	Wednesday	Friday
Room 12	Tuesday	Thursday
Room 13	Monday	Friday